

Occupation: U.S. Navy Reserve Officer /College Educator

**Statement:**

Giving back to my country and community has been my life's mission - as a U.S. Navy Reserve Officer, educator, union member, and Obama Administration official representing working families like mine.

I'm the proud son of a working-class Latina who raised me on her own. At 16, I worked as a janitor to help our family make ends meet before graduating from SDSU. I know how it feels to struggle with the high cost of living and uncertainty our communities are facing today, because I've lived it.

In congress, I'll bring years, of experience across civilian and military service. I worked in the Obama White House, U.S. Department of Labor, and the U.S. Hispanic Chamber of Commerce helping small businesses. Today, I teach government to college students and serve as an officer in the Navy reserve, leading Sailors alongside Airmen, Marines, and

Soldiers at home and abroad. That's why I'm committed to preventing forever wars.

I'm proudly endorsed by elected leaders, labor unions and organizations, but at the end of the day, I work for you.

My priorities are lowering costs, raising wages, and taking on corruption. That means making housing, utilities, groceries, childcare, and healthcare more affordable, immigration reform, protecting reproductive freedom and LGBTQ+ rights, and holding Trump and ICE accountable.

Together in 2020, we came closer than anytime in history to flipping this seat. I'm ready to complete the mission with your help. If you'll be my voice this election, I'll be yours in Washington.

Call me anytime: 619-721-5148, [www.AmmarForCongress.com](http://www.AmmarForCongress.com).